



Asian Studies

Acupuncture, Paradigm Shifts, and Placebos

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Are Acupuncture and other aspects of Chinese medicine merely using the placebo effect to promote healing? Dr. Cheung argues this common question does not lead to better understanding of health. A more insightful approach examines how the placebo effect is still a mystery in the contemporary bio-medical paradigm of "Western" or allopathic medicine. The Chinese medical arts provide an explanation of how psycho-physical energy, better known as qi (ch'i) 氣, connect mind-body and healing.

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